Beautiful Butterflys Appear

St. Paul's Church was all a-flutter for Easter. After two years of lockdown and restrictions and not getting together, we decided that we should all join together to do something for fun. Butterflies seemed most appropriate as a symbol of resurrection.

The word soon got around and many people became very creative. Knitting needles started clicking, fabric took on familiar shapes, paintbrushes and crayons were soon busy creating beautiful patterns. The result was a fantastic display of peoples' talents, with many gasps of oohs and ahs on Easter morning when people saw the church decorated with almost 500 butterflies.

The wedding of Laura Hudson and Joseph Myatt which took place a few days later in May, was enhanced by the display which included 150 butterflies that were done by children from Wigmore school, where Laura works with the children. All the butterflies and a few caterpillars remained up until just before Ascension Day.

Many thanks to all who participated. It was wonderful to see the smiles that they brought to peoples' faces. Also many thanks to Martyn Duggan who took the photos printed.









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Community Groups at Hampton Park Church

Tupsley is fortunate to have a lot of community activities that meet at Hampton Park Church, Hampton Dene Road.

NOTE: At the time of going to press 20 groups are meeting and are marked "1" in the table below. Contact the organisers of the other groups for information when those groups will be re-starting.

Monday			
10:00 - 12:00	Village Art Club	Liz: 07938 563 716	1
10:00 - 12:00	Pilates	Givens: 07979 915 866	1
1:00 - 3:30	H'fd. Leisure Painters	Evelyn: 07918 877 909	1
4:00 - 8:15	Ballet	Aimee 07768 287 614	1
Tuesday			
9:30 - 11:45	Pilates	Nicky S. 07813 780 234	1
1:15 – 2:45 (Term time)	Tea & Tots	Inge: 07872 826 874	1
3:45 – 5:00 (Term time)	Pilots (Not 2 nd Wk.)	Joyce: 266 289	
3:30 – 5:00 (Term time)	Messy Church (Wk.2)	Ali: 07761 879 379	1
7:30 – 9:00 (4th Week)	Fuchsia Assoc.	Audrey: 01432 358 334	1
7:30 - 9:00	Ballroom (Adults)	Nicola 07922 858 863	1
Wednesday			
10:00 - 12:00	Coffee Shop	Pam: 01432 357 770	1
4:30 - 8:30	Ballroom (Children)	Nicola: 07922 858 863	1
5:15 - 8:15	Drama (5+ years)	Ed: 07900 167 740	1
Thursday			
10:00 - 11:30	Tai Chi	Julien: 01568 614 468	1
12:00 - 1:30	Yoga (Alt Wk.)	Fiona: 01694 720 294	1
2:30 - 4:00 (1st Week)	Tupsley Friends	Joyce: 01432 266 289	
2:00 - 4:00 (2nd Week)	Tupsley Knitters	Terri: 01432 340 521	
5:00 - 9:00	Slimming World	Lauren: 07799 554 892	1
7:30 - 9:30	Scottish Dancing	Jenny: 01432 266 011	1
Friday			
5:00 - 8:00	Ballet	Aimee: 07768 287 614	1
Saturday			
9:00 - 12:45	Ballet	Aimee: 07768 287 614	1

New Venues For Yoga Classes

The popular Lynn Sanders Yoga Classes have recently relocated to St Pauls Church Community Centre, meeting every Monday at 6:30 -8pm. New classes are also now being held at Hampton Bishop Village Hall every Wednesday from 7:30 -9,00pm. For details visit the Web site: lynnsanders,yoga or contact Lynn Tel: 07913 858 855 or Email: lynn@lynnsanders.yoga

Regular Sunday Church Services

St Paul's Church of England

Every Sunday 10am
Worship, This service
will be short, relaxed and
accessible for all, especially
families. Including Holy
Communion on 1st, 3rd and
5th Sunday each month.
If the weather is good the
10am services on the 2nd
and 4th Sundays will be held
outside. A few seats can be
provided but please bring a
chair if possible.

2nd & 4th Sundays 8.00am Holy Communion:

A short service without music.

St Paul's Church is open during daytime (9.30am-5.00pm) for individual prayer. Please ensure we keep others safe.

CofE Worship & Teaching will continue to be uploaded to St Paul's Hereford YouTube.

If you would like to receive the weekly letter with a link to the YouTube service please email beneficeoffice@ stpaulshereford.org.uk.

Hampton Park United Reformed Church

Every Sunday

10:30am Morning Worship

2nd Sunday 10:30 am Morning Worship includes Holy Communion

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TupsleyVoice

Tupsley W I

Tupsley WI is a friendly group of people who get together to socialise. The group celebrated its centenary in 2020. We planted three trees on the strip of land next to the Rose &. Crown. Unfortunately we were unable to celebrate fully until 2021 when we held a party and we each had a slice of our Celebration Cake. Later we had a 20's themed tea at the Castle Hotel.

We are always keen to welcome new members – come along as a guest, have a coffee and sample what we do.

Our monthly meetings are held on the second Monday of the month at the Hereford Football Suite at 1-45pm and finish by 4pm.

Each month we have a talk or a visit. Future talks include 'Glorious Gemstones', 'Upstairs, Downstairs'. In June we will visit Hergest Gardens and we have various Christmas activities being planned. Our monthly gentle walks are very popular with members, and we usually have an optional lunch afterwards. We have a monthly Book club and for members who want a rest from cooking we meet for Sunday lunch.

Please come and join us at our next meeting where you will receive a warm welcome. Do contact our Secretary Sue Andrews on 01432 850303 or email suexa235@gmail.com for details.

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TUPSLEY VOICE

Community Groups at St Paul's Church Community Centre

The modern St Pauls Church Community Centre is the home for St Paul's Church Childcare (a pre school Nursery together with Breakfast/ After School Care for children 2 -11 years old). For details see Web Site: www.stpaulschildcare.co.uk or Email: stpchurchherefordchildcare.co.uk or Tel: 01432 379363

However on weekday evenings, all day Saturday and after 12:30pm on Sunday, it is available for private hire. To make hiring enquires contact Jayne Frankland, Parish Administrator, by E mail: beneficeoffice@stpaulshereford.org.uk. With a modern spacious main hall, kitchen and garden it is an ideal location for clubs, activities, parties and social gatherings.

Monday				
6:30 - 8:00	Yoga	lynn@lynnsanders.yoga		
Tuesday				
6:15 - 7:15	SHINE DANCE Fitness	Siobhan: 07860 661467		
Wednesday				
6:15 - 7:45	Brownies			

Messy Church in Tupsley

With the pandemic, Messy Church was unfortunately cancelled for a while. We are planning to restart the Tuesday afternoon sessions at Hampton Park Church in the summer term from 3:30 – 5:00pm, but in the new format below. These will be held alongside the 9:30 – 11am Saturday morning sessions at St Paul's Church

Messy Church will meet on the 2nd Tuesday and the 4th Saturday in the month.

The format on Tuesdays will be as follows:-

3:30 Registration & snack time

3:45 Introductory Game

4:00 Bible Story

4:15 Bible Craft (Only one)

4:45 Worship Time (song & prayer)

5:00 Farewell

Our remaining dates to meet in the Summer Term will be Tuesdays :- 14th June; 12th July and Saturday :- 25th June

New SHiNE Dance Fitness classes

New SHiNE Dance Fitness classes led by Siobhan at St Pauls Church Community Centre on Tuesday evenings (6:15 – 7:15pm) are proving to be popular. The classes are suitable for beginners and experienced dancers alike.

SHiNE is a full body cardio and toning workout based in traditional jazz, ballet and hip hop. Get ready to sweat, smile, shimmy and shake your worries (and calories) away.

Email: sibs2511@hotmail.com

Phone: 07860 661 467

Facebook: Shine Dance Fitness with Siobhan

Hereford Blind College Celebrates 150th Anniversary

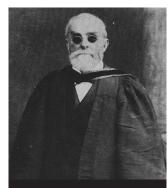
Tupsley is privileged to have the Royal National College for the Blind (RNC) just outside its Aylestone Hill boundary along Venns Lane.

It is the UK's leading specialist college for people who are blind or partially sighted and is celebrating its 150th anniversary throughout 2022.

The College has been leading the way in education for the visually impaired since 1872. It was founded when Victorian philanthropist, Dr Thomas Rhodes Armitage, met likeminded American visionary, Francis Joseph Campbell.



Dr Thomas Rhodes Armitage – Joint Founder of the RNC who worked tirelessly for the adoption of Braile. Was forced to abandon his medical career due to sight loss



Sir Francis Joseph Campbell – Joint founder of the RNC. Born in Tennessee, a talented musician, became musical director at Wisconsin School for the Blind.

Both men were visually impaired and resolved to create a ground-breaking college focusing on offering blind students an education which would lead them into worthwhile employment.

The Royal National College for the Blind was born on 1 March 1872, based in London – firstly Crystal Palace and then Upper Norwood. Staff and students were evacuated during the Second World War and several homes followed in Kent, Buckinghamshire and Shropshire before finally settling in Hereford in 1978.

Campbell (the college's first principal) and Armitage were remarkable men and offered a curriculum that was liberal



Physical education was enthusiastically promoted and included tandem riding on now an unseen design of tandems

and advanced for its day, and designed to prepare its students for employment in a sighted world. Physical education was enthusiastically promoted, and the atmosphere was full of life and excitingly experimental.

Alongside academic studies, students were encouraged to take part in many and varied activities. From roller-skating to cooking, from rowing to music and from cycling to sewing - nothing was out of bounds and this ethos remains the focus today.

Over the years many students have competed in national, international and Paralympic competition, with RNC's public leisure facility, the Point 4, also hosting many international tournaments such as the Blind Football World Championships.

Braille continues to thrive as a means of communication for the visually impaired with RNC still very much an advocate of teaching and learning Braille, whilst also embracing newer assistive technologies which help with communication, navigation and independence.

Applying the principles set out by the College's founding fathers to modern day, it is important that RNC students develop their IT skills. Students are encouraged to learn or update their skills in a range of accessible technologies, including screen reading and magnifying software, which helps with accessing emails, searching the Internet and presenting work using industry standard software such as Microsoft Office. Equipping students with these skills helps with transition into the workplace and to university.

Brandon Hulcoop, completed his studies at RNC in 2021 and was soon offered an Admin Assistant role in his hometown of Plymouth. Brandon said: 'I never thought I would walk straight out of education into a job. RNC has been the best part of my life so far and without it I wouldn't be the person I am. I wouldn't be able to cook, I used to hate computers and no way would I have a job!'

RNC focuses on independent learning and living and empowers students to overcome barriers and develop skills and confidence in order to live their best lives. In fact, student, Abdul Eneser, who also left RNC in 2021, and is now reading Law at the University of Strathclyde, said: 'On my first weekend at RNC, I was given my first long cane and shown around the campus. Two weeks later, I challenged myself to complete my first independent travel journey on the train from Hereford to Manchester alone. I genuinely believe that I would not have been able to do that without support and encouragement from a

Hampton Bishop Church MEGA FETE

SAT 18th JUNE 12 - 4.00 pm. VILLAGE HALL HR1 4JY

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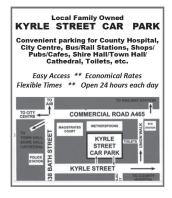
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TupsleyVoice

brilliant Independent Living Skills (ILS) team at the College.'

The College runs a varied programme of A Level/Level 3 courses with many students progressing to university and, in recent years, two students have made it to Oxbridge. A suite of vocational programmes also offer students a gateway to employment in audio media production, business and administration, massage and complementary therapies, IT, and sports coaching and instruction. Students are taught to use standard equipment, with very little adaptation, to ensure they can apply their skills in any work setting from an office to a gym.



Lucy Proctor, Executive Principal, said: 'The College is a national asset and has a fantastic history and legacy of providing top quality education, training and life skills. RNC alumni have, and continue to, make a very distinctive mark on the world including Paralympians, politicians, actors, teachers, entrepreneurs and musicians.

A few of our notable alumni include:

- Lord Blunkett, Politician
- Ryan Kelly who has played Jack "Jazzer' McCreary in BBC Radio 4's The Archers for 22 years
- Ellie Wallwork, Actor
- Chris McCausland, Comedian
- Owen Bainbridge, England Blind Football Captain



Boys learning the preparation of Braile manuscripts

This milestone anniversary is an opportunity to celebrate RNC's unique contribution and heritage and over the course of this 150th year, a variety of celebratory and commemorative events and activities will take place as a tribute to current and former staff, students and volunteers, reflecting on the many areas of interest, achievement and influence the College has fostered over the decades.'

HEREFORD & DISTRICT FUCHSIA ASSOCIATION'S 24th ANNUAL SHOW

on

SATURDAY, 6th AUGUST, 2022

at

Hampton Park United Reformed Church Hampton Dene Road, Tupsley, Hereford HR1 1UJ

Doors open 2 p.m.

FREE ENTRY

Raffle, Tombola, Plant sales, Refreshments

Further information: Peter Spitzmaul 01432 265744 or Audrey Mayers 01432 358334

ELY Memorial Fund Charity Golf Day

Burghill Valley Golf Course Saturday 16th July

For details and an application form see the Memorial Fund web site: www.ely-memorial-fund.org.uk

Driver TrainingFor 14 – 17 YO's

ELY Memorial Fund have organised a Young Driver Experience for 14-17 year olds to have one day to learn to drive with Go-Driving instructors, learn basic car maintenance, basic first aid training, drink/drug related matters with Hereford Police and road safety. It is being held at the Herefordshire & Ludlow college from 25th -29th July 2022. For more information contact the Charity Manager Angela Tyler via email: hugs4u@ ely-memorial-fund.org.uk.

Hampton Dene's Disabled Students Went Horse Riding

The children in Red Ants at Hampton Dene Primary School have really enjoyed the six sessions they had at Holme Lacy College, Riding for the Disabled. The children are in a KS1 class, all the children have a severe speech and language disorder affecting their understanding and expressive language. The children learned how to mount, give their horses commands, and stay safe whilst riding. The last session was a real treat! We spent it hacking around the farm. The children became very attached to the horses and were always very happy to see them.



Platinum Jubilee Collage

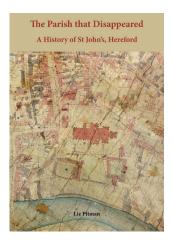
The year 2 children at Hampton Dene school worked hard on producing a fabulous collage for the Queen's Platinum Jubilee!

The collage seen in the photo is approximately 1 metre wide. All of the children in the class produced a portion; then it was pieced together.



The Parish That Disappeared

Liz Russell, a Tupsley resident, has been involved in a variety of historical research projects since retiring from a career in social work. She has just published her 4th book entitled "The Parish that Disappeared", a history of St John's Parish, Hereford, under her previous name of Liz Pitman.



Liz moved to Hereford in 2007, and soon became involved in research on the Cathedral Close and its environs, as well as becoming a Hereford Cathedral guide. Her interest in the history of St John's parish was sparked when she realised that it was the only parish 'church' within a cathedral to have survived into the 21st century.

Early in the 12th century until its final dissolution in 2012, the parish of St John's was at the heart of Hereford. Its houses and shops clustered around the cathedral, remaining a distinct parish until it was dissolved as recently as 2012. The parish, without a church of its own, always had its altar in the cathedral with a relationship between the cathedral and the parish varying between amity and tension. But the history of the parish is as much the story of its characters, both the clergy who served it and the parishioners who lived within its boundary. There are indications of the awful lives of paupers, and of the range of humanity that lived at one time in the parish, including old sailors, a comedian, actors, felt makers, wool staplers, Italian apprentices and whores, whilst body snatchers also make an appearance. Liz Russell has unearthed tales of clergymen who served the church with great dedication and ones whose missions took them to the brothels of Gwynne Street, supposedly to supply spiritual aid, although some believed that less holy motivations may have been involved. One lay clerk managed to abscond with some of the parish's funds and it seems was never found. Among the residents whose stories are told here were a Jewish silversmith, a clairvoyant, a reclusive member of Hereford 'gentry', a hatter turned manure manufacturer, a Polish émigré who probably committed suicide, and his daughter, who worked as a governess in Poland for many years at the end of the 19th century, where she lived through turmoil and revolution. Liz Russell brings them all to life in animated and sympathetic style.

The book costs £5 direct from her.

Tel: 07414 945055:

Email: e.h.pitman@btinternet.com to obtain a copy.



Tupsley Girls 6 A Side Football Festival

Tupsley Girls FC are holding a Football Festival on the playing fields behind Hampton Dene Surgery in Gorsty Lane and on Bishop's school fields, on Saturday 9th July 2022 for players aged 6 years to U8, U10 and U12 starting mid-morning until mid-afternoon.

The flourishing club will welcome girls' teams from Gloucestershire, Worcestershire, Powys, Shropshire, Monmouthshire and Herefordshire. The club host this very successful tournament and football festival every year which attracts hundreds of players from many teams in the region.

The tournament is always a showcase of fantastic football talent and is usually held when league and cup fixtures have ended for the season.

There are mini-competitions, refreshments, hot food and plenty more that enhances a full day for players, coaches and spectators.

Tupsley Girls football club is the only all-girls football club in the county. It was founded in 2016 by Jamie Wright, and has grown from humble beginnings to be one of the biggest football clubs in the county of Herefordshire.

Jamie has been involved with both boys and girls' local football for many years and has always championed the Women's game which has grown quickly in recent times. Jamie saw the opportunity for an all-girls club having worked closely with schools and seen the talent that was on offer. The club now have over two-hundred players across all age groups competing in the Herefordshire Girls League and associated competitions.

It accepts players from Reception age up to U16 and field teams at all age groups. It also has a Ladies team competing in open-age football which sets a clear path for all the players and gives them aspiration and ambition.

There are currently 19 coaches who all hold at least an FA Level 1 coaching qualification and anyone working with the players holds a DBS certification. The club takes safeguarding and the welfare of its players extremely seriously and has robust processes and procedures in place to ensure that the

environment it provides is as safe as possible. The club president is County Councillor Kath Hayes who lives in Tupsley and is passionate about children being involved with sport.

It is a community-centred club which appreciates the value that it can bring, and the value that it gets from being part of the community. It holds regular tournaments and competitions which attract teams from all over the region.

Between March and October the girls train on the Bishop's School Fields. which are a fantastic, large open space with plenty of room for all the teams.

During the Winter months, the teams train at some fantastic floodlit venues across Hereford. These include the County Ground at Herefordshire FA, the Point, Hereford Sixth Form College and The Academy which all have the latest 3G all-weather facilities.

To get involved with playing or helping visit www.tupsleygirlsfc.co.uk



Ist Hereford Scouts (Scout Corner)

Several 1st Hereford Scouts took part in the 2022 Gang Show at The Courtyard in April which was a great success. All who took part were presented with a certificate to enable the organisers to show their appreciation.

The Beavers went on a hike, over the modern "Canary Footbridge" crossing the River Wye close to their Headquarters. This enabled them to receive their "Hikes away" badge

Not to miss out the Cub Pack got messy with a craft evening to obtain their "Creative Activity" award.



Men & Women Groups'

Tupsley Townswomen's Guild

Tupsley TWG meet at 2pm on the 1st Tuesday of each month at Whitehouse Hub. For information phone Susan Layton on 01432 263 931

Tupsley WI

Tupsley WI meet at 2.00pm on the 2nd Monday of each month at The Hereford Suite, Hereford Football Ground. Meetings are a good place to make and meet friends and we encourage visitors to come along. Listen to invited speakers; take part in activities and go on outings. For details please contact our Secretary, Sue Andrews on 01432 850303

Wye Women WI

Wye Women WI will meet at 7:30pm on the 2nd Tuesday of each month for details of venue phone Melanie Pressey on 01432 356 271

14th June Talk on Cybercrime and Fraud 12th July Ugandan Dream 9th August Garden Visit 13th September Speech, Language and Signing

Hereford Probus 3

Probus 3 meet, but without a fixed program. For information contact Bob Hughes on 01432 273 622

Hereford Floral Society

Hereford Floral Society meet every third Monday of each month at the Rose Garden, Ledbury Road at 1:45pm. Learn all about flowers, have fun and make new friends. For information contact Joan Dunn on 01432 357 044 or Margaret Gerring on 01432 873 197

Herefordshire Flower Guild

Herefordshire Flower Guild meet at 1:30 pm on the 2nd Tuesday of each month at Bartestree Village Hall. If you love flowers, watching flowers being arranged, along with friendly people, why not come along? Visitors are very welcome.

NOTE: The meetings in July and August will not be at Bartestree, please see our website or our facebook page for up to date information.

Any queries, please contact Ruth Stott on 01432 611 609

Fuchsia Association

Hereford & District Fuchsia Association have started up their meetings again. They meet at Hampton Park United Reformed Church every 4th Tuesday at 7:30pm. We have speakers on all aspects of gardening - new members always welcome. Queries please contact Audrey on 01432 358334

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Tupsley Community Coffee Shop
Every Wednesday 10am - 12 noon
Hampton Park United Reformed Church
If you can help please contact Pam Pratley on 357770.



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Do you enjoy history and museums?

Can you spare a few hours a week?

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For more information, call 01432 342192 or email us at:





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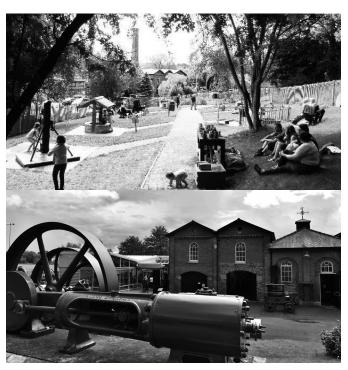
tim@homechoiceflooring.co.uk www.homechoiceflooring.co.uk



Hereford Waterworks Museum

For an interesting and fun day out with or without children do visit Hereford's award winning Waterworks Museum on the riverbank off Breinton Road. The museum prides itself on having a huge range of different types of rare engines in operating condition run entirely by volunteers who always have time to visitors and share their knowledge and enthusiasm. The range of engines powered by steam, gas, oil and internal combustion is probably the widest in the UK. A Triple Expansion Steam Engine, in situ since 1895 to provide Hereford with all its water, is also still on site and in fully working condition. Mainly for the children (including teenagers) there is a new water park where they can operate various types of simple historic hand pumps and have fun with water. For the very young there are trails and activities. It is also the only permanent exhibition of Hereford in World War 2. Free parking, picnic facilities and light refreshments in the museum café are all available.

There are Family Days on Bank Holidays and occasional weekend dates when most of the engines are working. However it is always open every Tuesday 11-4, but with fewer machines in operation whilst maintenance is being carried out. For information, including school holiday events for children, and the days the museum is open, see the museum web site. www.waterworksmuseum.org.uk



Summer Jubilee Fayre
Hampton Park Church

Sat June 25th 11:30 – 2:30

All welcome



Charity Cycle For Every Ability

The Annual ELY Memorial Trust are once again organising a cycle challenge to raise money to provide financial help for funeral costs when young people are tragically killed in road traffic accidents in Herefordshire

The Challenge for cyclists will take place on Sunday 3rd July 2022.

The 32, 46 and 71 mile routes will take in part of the Black & White Village Trail of Herefordshire, which is characterised by a large number of timbered and half timbered buildings. You will cycle through some of the prettiest villages and landscape in England.

The routes head West out of Hereford, on a reasonably quiet country road and then quiet lanes via Burghill, Tillington, Wellington, Canon Pyon, Kings Pyon and the scenic black & white village of Weobley where the first water station is situated at Weobley Village Hall, with toilet facilities.

From Weobley the 32 mile route heads back to Hereford via Morehampton, with views across to Hay Bluff, Mansel Lacy, Bishopstone, Kenchester and Credenhill

From Weobley the 46 mile route heads north out along the quiet lanes to the village of Dilwyn then the picturesque black & white village of Eardisland. Then on to Pembridge another black & white village, followed by another quiet lane to Broxwood and back to Weobley to rejoin the 32 mile route back to Hereford

The challenging 71 mile route for regular cyclists follows the 46 mile route but on reaching Weobley for the second time the cyclists will head off West to Bredwardine, Dorstone & Peterchurch Michaelchurch Escley., Madley & Bridge Sollers then back to Hereford

For full details and how to register go to the ELY Memorial Web Site: https://www.ely-memorial-fund.org.uk/

Help Maintain Our Churchyard

Now that Spring and Summer is upon us the grass is growing vigorously in the huge graveyard at St Pauls Church. It is maintained entirely by volunteers to the great appreciation of the many people who visit and tend graves of their loved ones. Do consider joining the small group of volunteers who now work every Friday morning using the well maintained mowers and strimmers. It is not essential to attend every week. Even just one morning a month would be welcomed. It is a pleasant rural environment, provides healthy gentle exercise and great comradeship. Ring Keith Pratley, Grounds Manager for details, or just come along to meet us. Tel: 01432 357 770

TUPSLEY VOICE SMALL ADS

FOOT CARE. Simon Griffiths, Foot Health Professional MAFHP MCFHP, Home visits. Tel: 01432 279256

MOBILE FOOT CARE. Victoria Manning DipCFHP(adv), Foot Health Practitioner. For your foot care needs! Tel: 851615 Mob: 07738 824 886

PLUMBING & HEATING. Les Saunders. Your local plumber. Small jobs welcome. Mob: 07986 271 315 Tel: Hereford 273 350.

COMPUTER PROBLEMS SOLVED. All aspects of computer troubleshooting & set up. William Dereham Tel: 01432 860367 www.dereham.org

MOBILE HAIRDRESSER. Ladies, Gents, Children & OAP'S. 20 yrs experience. For appointments call Sadie Kent: 01432 268884 / 07425 135570.

WATKINS CARPENTRY. All aspects of carpentry, plastering & renovations. WHICH Trusted Trader; friendly professional service. Tel: 761603

HANDYMAN. J P Services - Carpentry, General Home Maintenance, Door Hanging, Laminate Flooring, Other Jobs Considered – 851 615 or 07972 334 390

HANDYMAN - RHYS GRIFFITHS. A Tupsley resident. No job too small. Free estimates. Tel: 01432 263678. Mob: 07384 747736.

PATRICK'S GARDEN MAINTENANCE.

 $10\ \mathrm{years}$ employed at Kew Gardens. No job too small. Contact 01432 265 801.

GARDENER. Small and medium size garden specialist. Contact Colin on 07748 968475 or email: colinwilkes63@gmail.com. References available.

PARKINSON'S LIFE PROGRAMME. 1 to 1 Coaching, Seminars & Exercise. Sarah Edwards MCSP, Tel: 01432 628123, www.edwardsphysio.co.uk

TRB PROPERTY SERVICES. Carpentry. Doors. Wood Flooring. Fitted Storage Solutions. NO JOB TOO SMALL. Call Tom 07843 018839

VERNON DAVIES ELECTRICAL. ECA member, for electrical installation, maintenance & repairs. EV charging points Tel: 01432 266011

FRUIT TREE PRUNING. Nigel Payne. No job too small. 01432 840476/ 07816 130934 nudgepayne@hotmail.com www.fruittreepruning.co.uk

HAIR BY JULIE. Trained by Peter Prosser, Hereford and in London. Many years of experience can visit you OR visit her. Tel: Julie 07747 015 217

HEREFORD FASCIAS. Quality upvc gutters & soffits fitted. Est. over 20 years. herefordfascias@gmail.com or 01432 276208 or 07855 831 055

CHIMNEY SWEEP & MAINTENANCE. Stu Tolley — Qualified & NACS registered. 07867 675939, info@tolleyhomeservices.co.uk

BRIDAL HAIR STYLIST / MIRACLE HAIR. Web: www.miracle-hair.co.uk, FB: Miracle Hair, INSTA: @mmhairstyles, M: 07783 546 550

BUILDING APPLICATIONS. Domestic Extensions & New Build Plans drawn & submitted for approval: Keith Edwards 01432 266037

MASSAGE & REFLEXOLOGY. Renske Tobyn, 35yrs experience. Insured & vaccinated. Locally based. Tel: 07904 794 416. renske.tobyn@gmail.com

Events at the Whitehouse Hub

Monday

Monday afternoon walks at 2 p.m. Anyone is welcome to join us. We are not serious walkers. We amble along, chatting, taking in the scenery and getting to know Tupsley and the people who stop to have a chat to us. Many people don't realise that Tupsley is such an immense area with many nooks and crannies to explore. Of course we have some of the most beautiful countryside to enjoy as well. We finish off at the Whitehouse for refreshments, we have also stopped in town, in a local pub or taken refreshments with us to picnic outside. If affordable we contribute f₂ each for refreshments and for Hub renovations.

Tuesday

We have 'The Lighthouse at the Whitehouse', 2 - 4pm. This is a new Life Group of Christians of all age, some with connections to St. Paul's Church, who meet together to have fun, study scripture, chatter, share stories and so forth. Anyone is welcome to join, to come and ask questions and so forth.

Monthly: Townswomen's Guild, 1st Tuesday at 2pm-4pm

Wednesday

Community Cafe 2 - 4pm. It's a fun time to just come and have a cup of tea or coffee. We usually have cake for sale. You can have chatter and stay as long as you like. Do pop along, everyone is welcome.

Monthly: Whist Group at 7:30pm. For details see George.

Thursday

We are usually doing essential works around and about the Hub. We are grateful to all of our volunteers. The smallest of jobs, even picking up litter, makes a difference. Contact Carol Teasdale to become a Hub volunteer.

Friday

2 – 4pm we collect food for Herefordshire Food Bank that is continuously collecting for people who are struggling financially. The food must be in date.

Saturday

'The Lighthouse @ the Whitehouse' at 10.30am until 12pm. This is a Cafe style church similar to our much loved Christmas Carol's in the Cafe. Do come along, there will be time to join in, explore, and have fun and refreshments.

Planned Events

Our local Councillor, Ange Tyler, can be available for local community concerns 'by appointment' on Wednesday afternoons in the downstairs office between 2pm and 4pm. Other times can be arranged with Ange.

Please see Facebook & notice board for Occasional Events



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Getting in touch

If you want any information or help from St Paul's Church contact the Parish Office, St Paul's Church Community Centre, Church Road, Tupsley, Hereford, HR1 1RT. Telephone, **01432 274 490** or email us at:

beneficeoffice@stpaulshereford.org.uk or get more information online at: www.stpaulshereford.org.uk

New Head of Broadlands and Withington Primary Schools.

The current Deputy
Headteacher, Mr Kay, is
leaving Broadlands and
Withington at the end of
August to retrain as an
electrician, but the schools
are delighted that Mrs
Catherine Willis will be the
new Head of Schools.

Catherine is currently the Headteacher at a thriving two-form entry school in Manchester, Speaking excitedly about her new role, she said:

"I am looking forward to the next chapter at Broadlands and Withington and will strive to build further on the

current success of both schools to ensure every child receives the best education possible and achieves their maximum potential."

New Headteacher of Broadlands & Withington

Mrs Catherine Willis.

Primary Schools -

"I have very high expectations of behaviour, quality of education and outcomes and expect nothing but the best, both for our children, and from our children."

Herefordshire Flower Guild Flower Displays

A beautiful display of flowers by Flower Guild member Lee Berrill at a recent Guild meeting. Congratulations to member Yolanda who won a gold medal at the Spring Harrogate Show.



Tell us about your news or event

For inclusions please email your information to tupsleyvoice@hotmail.co.uk

The Autumn Issue copy deadline is Friday 19th August. Publication will be on 10th September. Send us details of events to take place before or very soon after the Winter Issue publication date of 3rd December, as well as reports of past events.

Bishops School Makes Great Progress

In the Bishop's School News Sheet to parents the headmaster Martin Henson gave an interesting report on the steps that are continuing to be made to improve the standards of teaching in the school. He provided the following information.

As the COVID restrictions have been relaxed, Bishop's school increased the number of opportunities for students to engage in extra-curricular activities. This has included; many sports fixtures in an increasing range of sports not previously provided by Bishops, where students have excelled in their performances; a really well supported mock interviews event for year 10 students; a full musical production of the 'Wedding Singer' performed to three sell out audiences; the mathematicians making great achievements at the Lucton School 'Maths Challenge; and the Spring Term Concert showcasing the amazing abilities of the students.

The school hosted the Bluecoat Trusts Spring meeting in March, which included a tour of the school to show the Trust how the school has spent the money from successful bids during the two years of the pandemic. This involved Trust members meeting staff and students to discuss how the bids have positively impacted on Teaching & Learning and enhancing the Christian character of the school. The school was also successful in one of its bids from the Modern Foreign Languages team to develop multi-nationalism, and is greatly appreciative to the Bluecoat Trust for supporting this.

As part of its continuing program of school improvement, even with the continuing challenges from COVID, the school has made great progress. Its School Improvement Partner Nicky Walters has completed Curriculum reviews in English and Science, both of which have shown strong evidence of positive impact on learning. Feedback from the review in English included; "All lessons visited demonstrated very effective planning, addressing students' needs, creative thinking in the way those lessons were delivered and full engagement of students in their learning". The funding received from the government for both the National Tutoring Program and School-led Tutoring has been implemented in full with over a hundred students participating in the support provided and making good progress.

To support students in achieving their best, the school is planning a whole school literacy strategy. This will focus on students learning the correct terminology for all subjects and being able to use them confidently in the right context. There will also be a focus in classroom displays of key subject vocabulary. To personalise the literacy strategy, each student will be given a specific literacy target set by their English teacher to develop in their subjects. As part of students' feedback, regular subject teachers will then update students in the progress they are making with their literacy target. The school encourages students to read for pleasure and use the accelerated reader programme in school to promote this. It is important that students in all year groups continue to read regularly at home.

Finally, the introduction of Headteacher Awards has continued to be very positive by recognising the extraordinary achievements of some students both in and out of school.